EP.22 Why a Morning Huddle Is So Important

A morning huddle allows you to go into your day with intent. It is a time for the team to look for opportunities in the schedule, identify openings, attack a scheduling issue before it becomes a problem. If you do not have a morning huddle, then I highly encourage you to start one! Today we will talk about how to start one and some good rules to follow. Even if you already have a morning huddle, it will give you some things to think about.

Let's go through some basic rules to starting a morning huddle.

- 1. Be consistent. It must be conducted every morning, not every other or once a week. It simply will not work if you don't have it on a daily basis.
- 2. The doctor does not have to be present. So many offices say they don't have a morning huddle because the doctor isn't there. That's ok! They certainly can, but don't stop the morning huddle because they are never there on time.
- 3. Staff members must be there on time ready to start the Morning Huddle. They are not the business owner and do not have the luxury of missing it. Plus, this gives the team ownership in their position. It allows them input as to how the day will go and how to work as a team to make it more productive.
- 4. Usually lasts between 10 15 mins. Be sure to start and end on time every day.
- 5. If everyone works different shifts, you can have two morning huddles. Our clients that work 7 7 have 2 shifts and 2 morning huddles. You can also record it on a hand-held tablet and as team members come in for their shift you can have them watch it.
- 6. Don't let yourself or your team make excuses to not have it. If you are looking for a way out, you will find one!

I have challenged offices that did not have a morning huddle to implement one, and every time their production has gone up. If you haven't started a morning huddle in your practice, start one right away!

Stay tuned for next week where we will discuss the elements of an intentional morning huddle.

